

# City International School

Off New Andheri Link Road, Oshiwara, Andheri (W), Mumbai





International School Award 2012-2015

Spectrum..... Be the Change Volume 1 April - July 2014-2015

## PAST PRESENT AND FUTURE

to take you away from your tensions about the past that we learn in "History"!

As the past, present and future help you recognize the time and set right your language, History will definitely help you know the past, live in the present and think for the future. How does one go about?

Your Brain is a sequential processor. If you really want to study, switch off your mind to words 'difficult ',boring' etc. It is very scoring if you follow the following devices:



Repeat and recite!:-Memories are extremely volatile. If you don't repeat the input,

it just disappears from your brain .if you recite the information to yourself or to others, instead of forgetting it you will save it in your long—term memory. You achieve the best result if you recite the information aloud from your memory and double check with your written notes.

Ask answer discuss:- A sure way to encode your memory is the process of "ask answer-discuss" form your own questions and answer them aloud. Make each heading into question and note down the answers. You can create your own study manual which will give you all the information you need by just flipping through it once. Observe the right timings:- Timing plays a very important role for memory building. Take a break in between to refresh yourself. Make your own flash cards! Write the question or the concept /topic on the front. Write the answer or the explanation at the back. Test yourself repeatedly during the day. Use these cards for your perfect study experience when you travel.

Use the keyword method: This is another pathway your brain can use to remember the information. This technique works wonders. Create an image that sounds like a word you need to remember. Don't forget to review your image (mind or paper) to set it firmly in your mind. Best results are achieved by combining "Key word method, "Flash cards". Try it and know your associations. You will have lots of fun, learn easily and remember many things that would be difficult and boring to remember without a fun story!

- Effie Mathias HOD History

**Examination and Assessment Process Owner** 

# PROUD OF OUR SHINING STARS







YASHVEE J SHAH AFFAN AHMAD KHAN BRYAN HENRY LIU



# ICSE MARCH 2014 EXAMINATION RESULT

SUBJECT TOPPER			
SR. NO.	NAME OF CANDIDATE	SUB- JECT	MARKS
1	NADA MUHAMMED YUSUF	ENG- LISH	94
2	AFFAN AHMAD KHAN	HINDI	96
	NADA MUHAMMED YUSUF		
3	YASHVEE J SHAH	НСG	94
	AFFAN AHMAD KHAN		
	BRYAN HENRY LIU		
	SIMRAN RANJIT LALA		
4	YASHVEE J SHAH	SCI-	92
5	RIDDHI SAHNI	MATH	94
	YASHVEE J SHAH		
6	BRYAN HENRY LIU	ECO	95
7	SRISHTI PANDAY	CTA	94
8	YASHVEE J SHAH	TDA	98
9	AFFAN AHMAD KHAN	P.ED	99



CLASS	NUMBER OF STUDENTS	
MERIT	9	
DISTINCTION	22	
FIRST CLASS	3	
SECOND CLASS	1	
TOTAL		
TOTAL APPEARED	35	

# City Prep School opens its arms

# to the young children for

"Learning with Fun"

Our teaching is activity based giving the child an opportunity to explore, create and participate. Our approach is informal and play way, having a rich set of ideas, conceptual framework and reasoning skills.

At the start of our academic year in June, the children are made comfortable by their teachers with a variety of entertainment like toys, games, library, music, yoga ....







Warm up sessions and value based conversations are exchanged

to make them feel comfortable.





June falls in our monsoon season where children are introduced to rain, water cycle, uses of water, save natural resources and meet the rainy creatures.





Corn Day: Children came dressed in yellow outfit and brought home made corn based snacks to eat. Collage work activity was carried out with crepe paper corn balls in class, bringing out the



















# 

# Mathe ma tickle Its Mathematical



### Question

Five things are happening in your house at the same time

In which sequence would you solve them?

- The telephone is ringing!
- The baby is crying!
- Someone's knocking or calling you from the front door!
- You hung the clothes out to dry and it is beginning to rain!
- You left the tap on in the kitchen and water is already overflowing!

In which sequence would you solve these problems? Write the sequence and check below how your decisions were made.

But be HONEST, the Findings are Exciting. Write down your preferred sequence.

### **Answers**

Every individual point represents something in your life

On the list you can see what meaning every point has:

- Telephone represents work
- Baby represents family
- Door represents friends
- Clothes represents money
- ♦ Tap represents love life
   Your chosen sequence determines the priorities in your life.
   Unnati IV B





### **Nature**

How many of us have ever stopped to admire the beauty of nature. The rainbows with its seven colours, the rising sun or the fierce waves of the ocean?

If only you care to stop for a while, you will notice that nature is full of many wonders.

Flowers and trees are God's greatest creations.
How delicately they are made! How charming and above all, how useful! The trees know exactly when to shed their leaves and when to bear flowers. Climb the mountains and get

their good tidings. Nature's peace will flow into you as sunshine flows into trees. The winds will blow their own freshness into you and the storms their energy, while cares will drop off like autumn leaves.

Nature is all around us, even if one lives in a city, one can enjoy the dewdrops on the flowers in the morning, the silvery moon, the twinkling stars and the beautiful colours of the twilight.

We only need to open our eyes and our hearts.

In the deserts, in the rivers, on snow capped mountains and even on barren land, in fact, the wonders of nature are everywhere.

"ONE TOUCH OF NATURE MAKES THE WHOLE WORLD KIN"

SAVE TREES SAVE THE EARTH
- Sreyans Verma IV - C

# जो तोकूँ काँटा बुवौ ताहि बोओ तू फूल।

कभी किसी का बुरा नहीं करना चाहिए आप जैसे कर्म करेंगे वैसे ही फल पाएँगे। यह पूर्णतः सत्य है किन्तू सिर्फ दूसरों का भला ही सोचते हैं। ऐसे लोगों के लिए कहा गया है "जो तोकूँ काँटा बुवौ ताहि बोओं तू फूल"।

राम और श्याम दो भाई थे। उनके पिताजी की बहुत ही बड़ी हवेली थी और अमीर होकर भी वे उद्यां गरीबों का हितचिंतक थे। दुर्भ्याज्य से उनकी अचानक मृत्यु हो गयी। नौकर - चाकर अपने मालिक की उदारता की बात करके ०६० ००० ४०० छोटा भाई श्याम श्याम के पिता की खूब जायदाद थी। अब पैसों को लेकर दोनों भाइयों में छोटी — छोटी बातों पर झकड़े होने लगे। छोटा भाई श्याम बड़े भाई पर शक करने लगा। बड़े भाई राम ने समझाने की कोशीश की लेकिन श्याम हवेली बेचकर Delhan हिस्सा लेना चाहता था।

अंत में बुजुर्गों के सामने जायदाद का बटवारा हुआ। दोंनों भाई अलग रहने लगे। बडें भाई राम ने कहा "हम अलग मकान में रहते जरुर हैं पर मै तुमसे बहुत प्रेम करता हूँ।" छोटे भाई ने कुछ न उत्तर दिया।

दिन पर दिन बीतते गये। बडे भाई राम ने अपनी मेहनत से और ईमानदारी से खूब पैसे कमाये। वित लोगों की सहायता करता था। छोटे भाई ने दूरुपयोग किया। पैसो की कमी के कारण उसने धीरे - धीरे जायदाद बेचना शुरु कर दी। उसने अपने पैसे मित्र को देकर अलग व्यवसायों में धन कमाने की कोशिश की लेकिन मित्रों ने धोखा दिया। अंत में श्या के कंगाल होगया। यह सुनकर राम को दुःख हुआ और उसने कर्जा चुका दिया। श्याम का हृदय परिवर्तन हो गया और वह अपने बड़े भाई के कदमों पर गिर पड़ा। किसी भी मनुष्य कों सुधारने के लिए यह कहावत रामबाण काम करती हैं।

### Spoorti Ganesh IX B

### **My Little Sister**

SHE IS VERY BEAUTIFUL,

SWEET AND LOVELY TOO.

WHEN I SEE HER

I FEEL VERY HAPPY!

I THINK OF HER DAY AND NIGHT,

AND SHE IS MY LITTLE DELIGHT

**THOUGH SHE IS NAUGHTY SOME-**

### ITIMES

I DON'T FEEL ANGRY,

AS SHE IS MY LITTLE CUTE SISTER.

I LOVE HER VERY MUCH!

SHE PULLS MY HAIR,

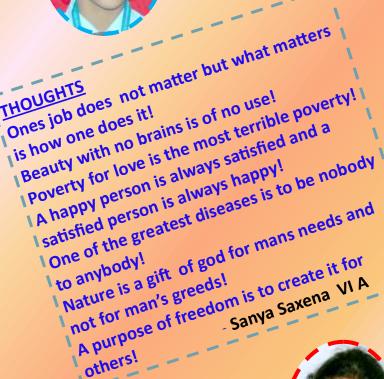
**SHE BITES MY HAND** 

I GET ANGRY BUT,

I THINK WHAT I AM DOING?

SHE IS MY SWEET LITTLE SISTER!

- P. VISHNUPRIYA VI A







AaYaaZI ekadSal

आषाढी एकादशी हा दिवस महाराष्ट्रात अत्यंत महत्वाचा मानण्यात येतो । महाराष्ट्राच्या काना-कोपऱ्यातून, ठिकठिकाणाहून 🛮 🕮 🛣 🖠 Baaivak ivazzla naamaacaa gajar krit pMrphasa payal caalat yaotat. cahdBaagaot snaana k\$na ivazzlaacao dSana Gaotat. AaYaaZi ्या दिवशी पंढरपुरास आलंदीहून ज्ञानेश्वरांची, देहुहुन तुकारामाची, त्र्यंबकेश्वराहुन निवृत्तीनाथांची, पैठणहुन एकन्भिपांची, उत्तर Baartatha Kibarahal palaKI yaoto AaYaaZIcyaa vaarIsa sangalcal ]pmaa idlal Aaho iSatla saanal 7 A



Human beings are social animals. No one can stay alone. Everybody needs family and friends. We don't have a choice of family but we can choose our friends. Friends are people with whom we talk, share, love and fight.

I have many friends but very few of them are my best friends. We can make friends easily but it is difficult to remain friends forever. My friends are just like me. We share common hobbies like playing football and colouring.

My true friends stood by me in time of my troubles. I would like to share one incident where my friends helped me in my difficult time. While playing football I fractured my leg and was advised bed rest for 20 days. My mother was worried how I will be able to complete my studies. My friends Nishit and Ethan helped me with my homework. Everyday they would come and visit me and give the day to day school work. This helped me a lot and I was able to give my exams with confidence.

I am really proud to have friends like them. I pray to god that this friendship stays forever. No misunderstanding or fight should break it. Kush Zaveri 3A







# Our BBC students Jarul Yagnik from std VIII B and Neel Anand from VII B conducted an interview of Mr.Gaurav Bhagwat

Tho looks after the administration of the school.







Jarul: What is your designation in CIS? Since how many years have you been working for this school?

Gaurav Sir: I look after the administration of the school. I have been working here since eight years i.e. from 2005

IJarul: What is the nature of your Job?

Gaurav sir: I look into the smooth functioning of the school. I also look after the transportation, cleanliness etc.

Neel: You have seen CIS growing. How would you rate its progress?

Gaurav sir: The school has progressed considerably.

Jarul: I am sure sir you are satisfied with CIS? What is that it keeps you loyal to the school?

Gaurav Sir: The work environment, my colleagues and my seniors are the ones that keep me loyal to the school.

Jarul: You might have faced difficult situations. How do you handle such a situation?

Gaurav sir: With patience, and experience,
I am capable of handling such difficult situations.

Neel: Where do you see CIS 10 years down the lane?

Gaurav Sir: CIS has a great future!







### "For attractive lips, speak words of kindness.

For lovely eyes, seek out the good in people.

For a slim figure, share your food with the hungry.

For beautiful hair, let a child run their fingers through it once a day.

For poise, walk with the knowledge that you never walk alone.

People, more than things, have to be restored, renewed, revived,

reclaimed, and redeemed. Remember, if you ever need a helping

hand, you will find one at the end of each of your arms. As you grow older, you will discover that you have two hands, one

for helping yourself and the other for helping others."

— Sam Levenson







On the 27 of July, students of Std VII were taken to the House of Charity. We carried a dozen umbrellas and packets of napkins as gifts. We were received by Sister Annamaria, who gave a brief account on the history of the place. She said it was Father Mario's sheer hardwork and dedication that lead to the

establishment of a shelter for the physically and mentally challenged. Members of the house work, study, play and pray together.

All the inmates though disabled seemed very happy to meet all of us. They kept smiling and some even tried interacting with the students. Our students were

overwhelmed to meet them. They said that they could feel God's presence in the House.

It was an eye opener as our students realized how privileged they were to be both physically and mentally fit.

# World revolves around the children. Children's future revolves around education. So educate all and stop child labour."

I World Day against Child Labour is celebrated on 12 of June every year as a Iglobal observance by the people all across the world to increase the aware-Iness among people that every child has the right to education and to enjoy Ihis childhood.

Special assembly was conducted by the students of standard III, which emphasized on Child Labour. The students talked about underage children, who work at all sorts of jobs around the world. The children are deprived of education and are made to work under threatening conditions. The students enacted various occupation, that a child is forced to do, like –

Shoe polish

Serving at restaurant

Washing utensils/ clothes / mopping the floor Distributing newspaper

Picking rags





The students became aware that all such adverse practices should be abolished, without leaving its traces for future generations. They joined hands against Child Labour and pledged to help these children by educating them.







## Interaction with the Students of Samarpan.

Samarpan means "surrendering your identity to the Universe." This non-profit charity serves the poorest and most vulnerable people and works to protect and rejuvenate the environment. - On Monday, 30 June 2014 students of standard III from the Charity Club were taken to Samarpan, to interact with the underprivileged students, to understand their difficulties and to inculcate the value of joy of living amongst our students and to realize how blessed they are. Students interacted and introduced themselves. They were very sad when they came to know that these children hail from very poor families. Some of them were children of workers employed for building construction. Each student gave a packet consisting of one kilo wheat flour, sugar rice and half kilo dal. All children were very thrilled to receive the food and thanked the CIS

students. "The value of generosity and kindness" was imbibed in our students.



Students of Std V and VI had visited the Botanical Garden and **Nursery at Bhavan's College on 24**<sup>th</sup> June, 2014. It was a good exposure for them to the plant life and learnt a lot about the different types of greenery around them.

This year our school decided to take us to the Bhavans Botanical Garden on Tuesday 24 June 2014. This place is situated in the Bhavans College Campus. The greenery on the campus and the Bhavan's Botanical Garden, are the fruits of Vanmahotsav initiated by its founder Kulapati Munshiji.

The garden is a centre of attraction not only for its beautiful layout but also for its rich and varied botanical resources which include a large number and variety of trees, shrubs, seeds well known for their medicinal uses. Besides, it also has a wide assortment of indoor and outdoor ornamental plants. We saw that the nursery is very huge with several plants species such as cactus, alovera, neem tree, money plant, banyan tree, pomegranate etc. The nursery touches a small lake, infested with crocodiles, who were basking in the sun. I really wish that the lake was filtered and well maintained. We saw a small well type structure in which some of the boys tried to put their hand inside but the lady in-charge told us that there are snakes. We got useful information as the Botanical Garden and Lake provided us the opportunities for ecological field study. We enjoyed our visit.

- BBC Reporter Zynah Chougle IV - C











An activity was conducted on the special day of 'Vanmahotsav' in inculcate the value of protecting our mother Earth. Students participated enthusiastically and used their innovative and creative skills to make banners which included the slogans like "Save trees", "Each One Plant One", "Save our environment" etc. This was done to spread the awareness and importance of trees in our lives. - BBC Reporter Varsha Shankar IX B

World Earth Day is celebrated every year as an annual event by the people all

ple about the environment safety as well as to demonstrate the environmental protection measures. Special assembly was conducted by the students of standard II and III, where the students emphasised on the importance of Earth Day through a rong "GOING GREEN". It demonstrated how much we appreciate and care for mother Earth by "Going Green" that includes: Recycling, Reusing, and Reducing such as planting trees, picking up roadside trash, conducting various programs for recycling and conservation, using recyclable containers for snacks and lunches and saving electricity. All this was shown by the students through a musical dance performance and placards.

Students became aware about the importance of Mother Earth Day and also realises that anything you do to help the planet counts, whether you walk to school or help to clean up litter from your school, home or neighbourhood park!



## Trash to Treasure

Little hands and imaginative minds came together in a creative burst of energy when the primary section celebrated world creativity and innovation week through "Trash to Treasure" (Best out of waste) competition for grade I to IV. Students brought re-useable and re-cycle able material like old newspapers, shoe - boxes, old clothes, bangles, cartons, ice-cream sticks, cardboard boxes, gift wrapping paper, ribbons, empty cans and much more. From these items they created an amazing array of display items and useful everyday objects. The main objective of this activity was to enhance the students creativity and make them understand the importance of the 3 R's

......REDUCE, REUSE and RECYCLE. It taught the students the importance of conserving the resources and to make the best use of waste things in life.

# Antariksh



### AFROSPACE SCIENCE WORKSHEET

City international school held a half day camp for an Aerospace Science workshop on 12
April, 2014 at 9:00 am in school by Mr. Sam Gibbs and his team. He first showed the students
a small helicopter which flew on four rotors. He showed the theory of Energy and Motion.

Next the students witnessed the spectacular sight of a rocket, made of plastic bottles which
went high in the sky and come back. They saw the sun through special glasses and also saw
some spots on the sun through a real telescope. We moved on to the lights and radiation
corner then he showed different kinds of lights and how they work. After that he showed some
video clips on solar system which really made the students think. Thereafter he moved to a
creative section, where we learnt how to make a mobile rocket attached to a straw which would
fly when air is blown in it. In the end a competition on whose rocket will go the farthest was
held. Overall the day went very well and the students of city international school blessed
that they got graced by the presence of Mr. Gibbs and his team and enlighten them by his
knowledge.







# Sky is not the limit we aim higher...







# CONNECTING INDIA

### CONNECTING INDIA – WHERE EAST MEETS WEST

"Two worlds together are a lot stronger than one because there is always another world they can rely on."

'Connecting India' is a joint project between City International School and Sai International School, Bhubaneswar, Odisha.

Initiated in the year 2013, this joint venture began with an exchange of emails and some Skype conversations as also an exchange of the box of friendship which included cards, letters, pictures and school activities. Connecting India is a symbiotic partnership which offers both schools the chance to collaborate directly with each other bringing challenging local, natural and global issues to life thereby creating meaningful cross cultural relationships between students, teachers and educational institutions across two different states in two different parts of the country.

In March this year 19 students of Class IX along with their teachers visited Sai International School, Odisha for six days inorder to have a glimpse into the culture of Odisha and learn about the teaching learning practices followed in the state. It was a memorable six days.

The Chandrabhaga beach and the scenic Konark temple, the white tigers at the Nandankanan zoo (which are a must see), the tribal museum which showcases artwork much like the Warli tribes of Maharashtra and Ekamra haat which had plenty of handicrafts.

Scenic.. Serene... Sublime.... That was Odisha!

As a follow up, sixteen students of Sai International School, paid us a reciprocal visit from June 23 to June 30. Having been recipients of Odiya hospitality, it was now our turn to return the same ambience as they provided for us. Through the six days that the Sai visitors were here, City International School took good care of them. A lot of planning and preparation was put to host the visitors and make their visit memorable.

Parents of some of our Class IX students arranged an evening get together for the visitors including music, games and snacks – The Works!!

The guests were shown around our 'Mumbai Nagariya' - The Gateway of India, the store-house of relics – The Chatrapati Shivaji Maharaj Vastu Sangrahalaya, the much hyped about Juhu beach and the exciting Essel World. Besides this, the cosmopolitan nature of Mumbai was stressed upon the visitors by showing them around the Haji Ali Dargah, the Siddhivinayak temple, the Mount Mary and the Iskon temple. This only goes on to show how culturally diverse India is.

We know that every school performs its function in grooming students. Through the connecting India program, we too at City International School are grooming our students to be global citizens of the world and more than that to be worthy significant citizens of society.

In connecting small units of the country, we envision, one big united India.



# Professional Development

A Professional development workshop was held in the school on 14 June, 2014 which was conducted by Mrs. Satwant Palekar.

The aim was to discuss and demonstrate different teaching pedagogies. Teachers were also inspired to maintain a good relationship with the students and to understand their problems with reference to academics. They were showed many interesting methods of teaching and also motivated to maintain a healthy environment in school. The workshop was quite enriching and enlightening.



"There can be no knowledge without emotion. We may be aware of a truth, yet until we have felt its force, it is not ours. To the cognition of the brain must be added the experience of the soul."

- Arnold Bennett, British novelist.







# CHILD AWARENESS PROGRAMME

### "CHILDLINE SEXUAL ABUSE AWARNESS PROGRAMME"

Children are always the only future the human race has; teach them and treat them well.

A workshop was held on 28 April and 29 April 2014 by MsTaruna Dinesh Kumar a member of Child Line India Foundation. The workshop catered attention towards class II to class IV students. The program was about child's sexual abuse and how children should protect themselves. Ms Taruna narrated a story of "Good touch and Bad touch" with the help of Cartoon characters like Bunty and Sher Khan. The students were empowered with the knowledge of **Personal Safety Rules**.

# EDITORIAL NOTE

As it is rightly said,

"Education breed, confidence. Confidence breed, hope. Hope breed, peace."

- Confucius

It has been an enriching experience being a part of the editorial team of Spectrum since the last two years. Ten years that I have been working in this prestigious educational institution but still I feel there is so much to learn. As we put this issue of Spectrum together, one of the best things about editing this newsletter is that you get to learn about different people, places and things you otherwise would not. It ignites in me the pleasure and satisfaction to ensure about the great stride gained by CIS in the short period of its existence. We are creating a future full of optimism and enthusiasm, a future where every endeavor will succeed.



This is a time of great changes. The student today is an individual, is a real person with feelings of self-respect, sensitivity, responsibility and compassion. We need to recognize, appreciate, applaud and foster the fine blend of sensibilities in a child, and thus this newsletter is to be viewed as a launch pad for the student's creative urges to blossom naturally

This newsletter also encourages the school spirit which is built up within the school through collective actions, thoughts and aspirations. All these, I believe would spur higher growth in children. My sincere thanks are due to the Director, our Principal, Supervisors, Editorial Team, Students and Teachers, to have been of immense help in breathing life into these pages.

As the saying goes, mind like parachute works the best when opened. This humble initiative is to set the budding minds free allowing them to explore in the world of imagination and experience to create a world of beauty in words.

- Ms. ALPA RANKA BHANDARI

# BBC TEAM

"It is a fact that in the right formation, the lifting power of many wings can achieve twice the distance of any bird flying alone."

Editor in chief Ms. Dhanashree Padwal Designed by Ms. Aamna Hayat Khan



Ms. Juliana D'mello Ms. Nishrin Dhoom Ms. Seema Kambli

Ms. Sangita Tiwari Ms. Daina Rodrigues Our students



Ms. Alpa Bhandari

Ms. Suvarna Kaur

Ms. Manisha Meher

Ms. Anuja Jain

Ms. Fatima Sayed Ali

Ms. Nagma Shah





City International School

For feedback and queries log on to www.cityinternationalschool.edu.in